# Duality of metric entropy 

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#### Abstract

For two convex bodies $K$ and $T$ in $\mathbb{R}^{n}$, the covering number of $K$ by $T$, denoted $N(K, T)$, is defined as the minimal number of translates of $T$ needed to cover $K$. Let us denote by $K^{\circ}$ the polar body of $K$ and by $D$ the euclidean unit ball in $\mathbb{R}^{n}$. We prove that the two functions of $t, N(K, t D)$ and $N\left(D, t K^{\circ}\right)$, are equivalent in the appropriate sense, uniformly over symmetric convex bodies $K \subset \mathbb{R}^{n}$ and over $n \in \mathbb{N}$. In particular, this verifies the duality conjecture for entropy numbers of linear operators, posed by Pietsch in 1972, in the central case when either the domain or the range of the operator is a Hilbert space.


## 1. Introduction

For two convex bodies $K$ and $T$ in $\mathbb{R}^{n}$, the covering number of $K$ by $T$, denoted $N(K, T)$, is defined as the minimal number of translates of $T$ needed to cover $K$ :

$$
N(K, T)=\min \left\{N: \exists x_{1} \ldots x_{N} \in \mathbb{R}^{n}, K \subset \bigcup_{i \leq N} x_{i}+T\right\} .
$$

We denote by $D$ the euclidean unit ball in $\mathbb{R}^{n}$. In this paper we prove the following duality result for covering numbers.

Theorem 1 (Main Theorem). There exist two universal constants $\alpha$ and $\beta$ such that for any dimension $n$ and any convex body $K \subset \mathbb{R}^{n}$, symmetric with respect to the origin,

$$
\begin{equation*}
N\left(D, \alpha^{-1} K^{\circ}\right)^{\frac{1}{\beta}} \leq N(K, D) \leq N\left(D, \alpha K^{\circ}\right)^{\beta} \tag{1}
\end{equation*}
$$

where $K^{\circ}:=\left\{u \in \mathbb{R}^{n}: \sup _{x \in K}\langle x, u\rangle \leq 1\right\}$ is the polar body of $K$.

[^0]The best constant $\beta$ that our approach yields is $\beta=2+\varepsilon$ for any $\varepsilon>0$, with $\alpha=\alpha(\varepsilon)$.

Our theorem establishes a strong connection between the geometry of a set and its polar or, equivalently, between a normed space and its dual. Notice that since the theorem is true for any $K$, we can actually infer that for any $t>0$

$$
\begin{equation*}
\beta^{-1} \log N\left(D, \alpha^{-1} t K^{\circ}\right) \leq \log N(K, t D) \leq \beta \log N\left(D, \alpha t K^{\circ}\right) \tag{2}
\end{equation*}
$$

(For definiteness, above and in what follows all logarithms are to the base 2.) The quantity $\log N(K, t T)$ has a clear information-theoretic interpretation: it is the complexity of $K$, measured in bits, at the level of resolution $t$ with respect to the metric associated with $T$ (e.g., euclidean if $T=D$ ). Accordingly, (2) means that the complexity of $K$ in the euclidean sense is controlled by that of the euclidean ball with respect to $\|\cdot\|_{K^{\circ}}$ (the gauge of $K^{\circ}$, i.e., the norm whose unit ball is $K^{\circ}$ ), and vice versa, at every level of resolution. While it is clear that these complexities should be related, the universality of the link that we establish is somewhat surprising.

In addition to the immediate information-theoretic ramifications, covering numbers appear in many other areas of mathematics. For example, both quantities $N(K, t D)$ and $N\left(D, t K^{\circ}\right)$ enter the theory of Gaussian processes (see, e.g., $[\mathrm{D}]$ and $[\mathrm{KL}]$, or the survey $[\mathrm{L}]$ ) and our results transform some conditional statements into theorems (see, e.g., [LL]).

Theorem 1 resolves an old problem, going back to Pietsch ([P, p. 38]) and referred to as the "duality conjecture for entropy numbers," in a special yet most important case. The problem can be stated in terms of covering numbers in the following way (below and in what follows we shall abbreviate "symmetric with respect to the origin" to just "symmetric").

Conjecture 2 (Duality Conjecture). Do there exist two numerical constants $a, b \geq 1$ such that for any dimension $n$, and for any two symmetric convex bodies $K$ and $T$ in $\mathbb{R}^{n}$ one has

$$
\begin{equation*}
\log N\left(T^{\circ}, a K^{\circ}\right) \leq b \log N(K, T) \tag{3}
\end{equation*}
$$

where $A^{\circ}$ denotes the polar body of $A$ ?
Theorem 1 verifies this conjecture in the case where one of the two bodies is a euclidean ball or, more generally, by affine invariance of the problem, when one of the two bodies is an ellipsoid. In the special case where both bodies are ellipsoids it is well known and easy to check that there is equality in (3), with $a=b=1$.

This conjecture originated in operator theory, and so we restate it below in the language of entropy numbers of operators. For two Banach spaces $X$ and $Y$, with unit balls $B(X)$ and $B(Y)$ respectively, and for a linear operator
$u: X \rightarrow Y$, the $k^{\text {th }}$ entropy number of $u$ is defined by

$$
e_{k}(u):=\inf \left\{\varepsilon: N(u B(X), \varepsilon B(Y)) \leq 2^{k-1}\right\} .
$$

(In fact, above and in what follows $k$ does not need to be an integer.) So, for example, $e_{1}(u)=\|u\|_{\text {op }}$ (the operator norm), and one can easily see that $e_{k}(u) \rightarrow 0$ as $k \rightarrow \infty$ if and only if $u$ is a compact operator. Therefore the two sequences $\left(e_{k}(u)\right)$ and $\left(e_{k}\left(u^{*}\right)\right)$ always begin with the same number $\|u\|_{\mathrm{op}}=\left\|u^{*}\right\|_{\mathrm{op}}$, and $e_{k}(u) \rightarrow 0$ if and only if $e_{k}\left(u^{*}\right) \rightarrow 0$. Since the sequence ( $e_{k}(u)$ ) can be thought of as quantifying the compactness of the operator $u$, it seems natural to ask to what extent do $\left(e_{k}(u)\right)$ and $\left(e_{k}\left(u^{*}\right)\right)$ behave similarly. This is the context in which the duality conjecture was originally formulated, and it read as follows.

Duality Conjecture in the language of entropy numbers. Do there exist numerical constants $a, b \geq 1$, such that for any two Banach spaces $X$ and $Y$, any linear operator $u: X \rightarrow Y$ and any natural number $k$,

$$
e_{b k}\left(u^{*}\right) \leq a e_{k}(u) ?
$$

The two formulations are equivalent since consideration of the entropy numbers of the dual operator $u^{*}: Y^{*} \rightarrow X^{*}$ means covering $(B(Y))^{\circ}$ with (translates of) $\varepsilon(B(X))^{\circ}$, and since one can restrict oneself to bodies which are convex hulls of a finite number of points and thus lie in a finite dimensional space. This is formulated explicitly in Observation 4 of Section 2 below. In other words, Theorem 1 verifies the duality conjecture (when expressed in terms of entropy numbers) for the case in which one of the two spaces, either the domain or the range of the operator $u$, is a Hilbert space.

Some special cases of the problem have been studied before, and some particular results were established, see, e.g., [A], [AMS1], [BPST], [GKS], [KM], [MS1], [MS2], [PT], [Pi1], [Pi2], [S], [T]. We mention two of the above which have special relevance to our approach: firstly $[\mathrm{KM}]$, which shows the duality for entropy numbers when the rank of the operator is (at most) comparable to the logarithm of the covering number, and secondly $[\mathrm{T}]$, which demonstrates a form of duality involving some measures of the size of entire sequences $\left(e_{k}(u)\right),\left(e_{k}\left(u^{*}\right)\right)$.

The proof of the theorem consists of three parts. The first part is based on a fact that has already been formulated and proved in the required form in our paper [AMS1], in which we establish duality up to some factor $\gamma$ depending on the body $K$. Next, this step is iterated, each time applied to a different body (for example, a multiple of $K$ intersected with a euclidean ball of some radius), and we bound the covering number by a product of covering numbers of polars. In the third and last step we shrink this product to a product of only two or three factors, establishing duality with absolute constants. Since
this is a two-sided inequality, almost every statement is divided into two parts. However, there is generally no interplay between the two arguments, and the proofs of the two sides of the inequality can be read independently.

We wish to point out that different iteration schemes could be used. One of them is outlined in the short note [AMS2]. We use here the one that yields the best constant $\beta$ in the exponent and may potentially lead to a result that is optimal in that regard.

The paper is organized as follows. In Section 2 we show how duality is established up to constants depending on the diameter of the set. In Sections 3 and 4 we first present an iterating scheme which yields a bound for the covering number in the form of a long product, and then a telescoping argument that shrinks the product to a mere product of two terms. This will complete the proof of the main theorem. Section 5 consists of various additions to the proof. First, we show how to improve the constant $\beta=6$, given by the method described in Sections $2-5$, to $\beta=2+\varepsilon$ (for any $\varepsilon>0$, and with $\alpha=\alpha(\varepsilon)$ ). Next, we state a related conjecture and several results associated with this conjecture.

Remark on notation. Unless otherwise stated, above and in what follows all constants are universal (notably independent of the dimension and of the particular convex body or the operator that is being considered). If a constant $c$ depends on some parameter $\theta$, we will indicate that by writing $c(\theta)$.

## 2. A first step toward duality

For a convex body $K \subset \mathbb{R}^{n}$, denote by $k$ the logarithm of its covering number (so that $N(K, D)=2^{k}$ ), and define the parameter

$$
\gamma(K):=\max \left\{1, M^{*}(K \cap D) \sqrt{\frac{n}{k}}\right\}
$$

where, as usual, $M^{*}(A)$ denotes half the mean width of the set $A$, that is, $M^{*}(A)=\int_{S^{n-1}} \sup _{y \in A}\langle u, y\rangle d \mu(u)$, with $\mu$ the normalized Haar measure on the sphere $S^{n-1}$.

The first step of the proof of the main theorem is a duality result involving the parameter $\gamma$ instead of a universal constant $\alpha$. The following lemma is a combination of two statements, the first of which appeared in [MS1] and the second in [AMS1].

Lemma 3 (First step). There exist a universal constant $c_{2}>0$ and, for every $\varepsilon>0$, a constant $C_{2}(\varepsilon)>0$ such that, for any dimension $n$ and for any symmetric convex body $K \subset \mathbb{R}^{n}$, with $\gamma=\gamma(K)$,

$$
\begin{equation*}
N(K, D) \leq N\left(D, \frac{c_{2}}{\gamma} K^{\circ}\right)^{3} \tag{4}
\end{equation*}
$$

and

$$
\begin{equation*}
N\left(D, C_{2}(\varepsilon) \gamma K^{\circ}\right) \leq N(K, D)^{1+\varepsilon} . \tag{5}
\end{equation*}
$$

For a general body $K \subset \mathbb{R}^{n}$ the parameter $\gamma$ can be as large as $\sqrt{\frac{n}{k}}$. In Observation 4 below we explain why we can restrict our considerations to a certain special class of convex bodies, namely the convex hulls of not too many points. In the rest of the section we will show that in this class there are good bounds for $\gamma$.

ObSERVATION 4. For any convex body $K$, for any set $S \subset K \subset S+D$ of cardinality $N(K, D)$ and for any $\rho>0$, denoting $T=\operatorname{conv}(S)$,

$$
N\left(D,(2 \rho+2) K^{\circ}\right) \leq N\left(D, \rho T^{\circ}\right)
$$

Similarly, if $N(K, D)>1$, then there exists $S \subset K$ of cardinality $N(K, D)$ such that $\operatorname{diam}(S)=\operatorname{diam}(K)$ and such that, denoting $T=\operatorname{conv}(S)$,

$$
N(K, D) \leq N\left(T, \frac{1}{2} D\right) .
$$

Remark. The argument does not require that the original body lie in a finite-dimensional space (whereas a convex hull of finitely many points obviously does). In particular, this shows the equivalence of the operator theoretic formulation of the duality conjecture and the finite-dimensional analogue with universal constants.

Proof. Obviously $T \subset K \subset T+D$. Denoting $N\left(D, \rho T^{\circ}\right)=N$, we can pick a $\rho T^{\circ}$-net $\left\{y_{i}\right\}_{i=1}^{N}$ for $D$, i.e., $D \subset \cup_{i=1}^{N} y_{i}+\rho T^{\circ}$. We want to pass to a net inside $D$; for this, notice that $y_{i}+\rho T^{\circ}$ intersects $D$, say, at a point $z_{i}$, and that $\left\{z_{i}\right\}_{i=1}^{N}$ is a $2 \rho T^{\circ}$-net for $D$. We claim that $\left\{z_{i}\right\}_{i=1}^{N}$ is a $(2 \rho+2) K^{\circ}$ net of $D$. Indeed, for every $y \in D$ there exists a $z_{i}$ in the net such that $y-z_{i} \in 2 \rho T^{\circ}$, i.e., $\sup _{x \in T}\left(y-z_{i}, x\right) \leq 2 \rho$. Hence (since $y-z_{i}$ is in $2 D$ ) we have $\sup _{x \in T+D}\left(y-z_{i}, x\right) \leq 2 \rho+2$, which means precisely that $\left\|y-z_{i}\right\|_{(T+D)^{\circ}} \leq 2 \rho+2$. In particular, since $K \subset T+D$, we see that $\left\|y-y_{i}\right\|_{K^{\circ}} \leq \rho+2$, as required. We conclude that $N\left(D,(2 \rho+2) K^{\circ}\right) \leq N$, and this verifies the first part of the observation.

For the second part, we denote this time $N=N(K, D)$ and pick a 1 -separated set $\left\{x_{i}\right\}_{i=1}^{N}$ in $K$ which realizes the diameter. We do this simply by choosing two points, where the distance between them is the diameter of $K$, we complete them to a 1 -separated set of cardinality $N$. Again, this is possible since a maximal separated set has at least as many elements as the minimal covering. Denote $T=\operatorname{conv}\left\{x_{i}\right\}$. Since the $\left\{x_{i}\right\}$ were 1 -separated, $N\left(T, \frac{1}{2} D\right) \geq N$. This completes the demonstration of the observation.

The following proposition is an estimate for $\gamma(K)$ which is valid whenever $K$ is the convex hull of $\leq 2^{k}$ points in $R D$ and, in addition, has a covering number $\leq 2^{k}$. It was established in [MS1]. The general conjecture, which still remains open, is that for this class of bodies the parameter $\gamma$ is bounded by a universal constant, regardless of the diameter of the body. If this were true, Lemma 3 and Observation 4 would imply the duality of entropy numbers (with $1+\varepsilon$ in the exponent!). We discuss the conjecture in Section 5 ; for a more elaborate discussion and related results we refer the reader to [MS1].

Proposition $5\left(\operatorname{An} O\left(\log ^{3} R\right)\right.$ estimate for $\left.\gamma\right)$. There exists a universal constant $C_{0}$ such that if a set $S \subset R D \subset \mathbb{R}^{n}$ (for some $R>1$ ) consists of $2^{k}$ points, and if $N(K, D) \leq 2^{k}$ for $K=\operatorname{conv} S$, then

$$
M^{*}(K \cap D) \leq C_{0}(\log R)^{3} \sqrt{\frac{k}{n}}
$$

Lemma 3, Observation 4 and Proposition 5 can be combined as follows. Denote $\psi(x)=2 C_{2}\left(C_{0} \log ^{3} x+1\right)+2$, where $C_{2}=C_{2}(1)$ comes from Lemma 3 .

Corollary 6 (Duality up to $\psi(R)$ ). Let $K$ be a symmetric convex body in $\mathbb{R}^{n}$. If for some $R$ we have that $K \subset R D$, then

$$
\begin{equation*}
N\left(D, \psi(R) K^{\circ}\right) \leq N(K, D)^{2} \tag{6}
\end{equation*}
$$

and

$$
\begin{equation*}
N(K, D) \leq N\left(D,(1 / \psi(R)) K^{\circ}\right)^{3} . \tag{7}
\end{equation*}
$$

## 3. An iterating scheme

In this section we present an iterating procedure that gives a bound for the covering number. The first lemma is based on a simple geometric iteration procedure (and admits a variant which is valid in the non-euclidean case; see Remark 11).

Lemma 7 (Iterating procedure). For any symmetric convex body $K \subset \mathbb{R}^{n}$ and any sequence $R_{0}<R_{1}<\cdots<R_{s}$,

$$
\begin{equation*}
N\left(D, R_{0} K^{\circ}\right) \leq N\left(D, R_{s} K^{\circ}\right) \prod_{j=0}^{s-1} N\left(D, \frac{R_{j}}{2}\left(K \cap R_{j+1} D\right)^{\circ}\right) \tag{8}
\end{equation*}
$$

and

$$
\begin{equation*}
N\left(K, R_{0} D\right) \leq N\left(K, R_{s} D\right) \prod_{j=0}^{s-1} N\left(2 K \cap R_{j+1} D, R_{j} D\right) \tag{9}
\end{equation*}
$$

Proof. For (8) consider the following inequality,

$$
\begin{aligned}
& N\left(D, R_{0} K^{\circ}\right) \\
& \quad \leq N\left(D, \frac{R_{0}}{2} \operatorname{conv}\left(K^{\circ} \cup \frac{1}{R_{1}} D\right)\right) N\left(\frac{R_{0}}{2} \operatorname{conv}\left(K^{\circ} \cup \frac{1}{R_{1}} D\right), R_{0} K^{\circ}\right),
\end{aligned}
$$

which follows from the sub-multiplicativity of covering numbers: for every $A, B$ and $C$ it is true that $N(A, B) \leq N(A, C) N(C, B)$. Rewriting the first term on the right hand side, changing the convex hull in the second term to the Minkowski sum of sets (which is bigger and thus harder to cover) and using the rule $N(A+C, B+C) \leq N(A, B)$, we see that

$$
N\left(D, R_{0} K^{\circ}\right) \leq N\left(D, \frac{R_{0}}{2}\left(K \cap R_{1} D\right)^{\circ}\right) N\left(D, R_{1} K^{\circ}\right) .
$$

Repetition of the above argument another ( $s-1$ ) times yields (8).
To show (9) we first notice that

$$
N\left(K, R_{0} D\right) \leq N\left(K, R_{1} D\right) N\left(R_{1} D \cap 2 K, R_{0} D\right)
$$

where we use the fact that $N\left(K, R_{1} D \cap 2 K\right)=N\left(K, R_{1} D\right)$, since the centers of a covering by euclidean balls may always be assumed to lie inside $K$, and also use sub-multiplicativity of covering numbers. Iterating this inequality gives (9). The proof of Lemma 7 is thus complete.

Now is the time to choose the sequence $\left(R_{j}\right)$. In fact, we will choose two different sequences, each corresponding to a different inequality in the main theorem. There is much freedom in this choice, and we do not suggest that our choice is optimal.

For the first sequence, let $R_{0}$ be a large constant to be specified later. Define $R_{j+1}$ by the formula

$$
\frac{\sqrt{R_{j}}}{2}=\psi\left(\frac{R_{j+1}}{\sqrt{R_{j}}}\right)
$$

Remembering that $\psi(x)=2 C_{2}\left(C_{0}(\log x)^{3}+1\right)+2$, the above means that

$$
R_{j+1}=\sqrt{R_{j}} \exp \left(\left(\left(\sqrt{R_{j}}-4-4 C_{2}\right) / 4 C_{2} C_{0}\right)^{1 / 3}\right)
$$

In particular, if $R_{0}$ is large enough then this sequence increases to $\infty$. (This is needed since we will later use the fact that $N\left(D, R_{j} K^{\circ}\right)=1$ for $j$ large enough.) Corollary 6 together with Lemma 7 imply now the following:

Corollary 8. With the above choice of the sequence $\left(R_{j}\right)$, for every symmetric convex body $K$,

$$
\begin{equation*}
N\left(D, R_{0} K^{\circ}\right) \leq N\left(D, R_{s} K^{\circ}\right) \prod_{j=0}^{s-1} N\left(K \cap R_{j+1} D, \sqrt{R_{j}} D\right)^{2} \tag{10}
\end{equation*}
$$

Proof. To deduce Corollary 8 from Lemma 7 we only need to explain the inequality

$$
N\left(D, \frac{R_{j}}{2}\left(K \cap R_{j+1} D\right)^{\circ}\right) \leq N\left(K \cap R_{j+1} D, \sqrt{R_{j}} D\right)^{2}
$$

To this end, rewrite

$$
\begin{aligned}
N\left(D, \frac{R_{j}}{2}\left(K \cap R_{j+1} D\right)^{\circ}\right) & =N\left(D, \frac{\sqrt{R_{j}}}{2}\left(\frac{K}{\sqrt{R_{j}}} \cap \frac{R_{j+1}}{\sqrt{R_{j}}} D\right)^{\circ}\right) \\
& =N\left(D, \psi\left(\frac{R_{j+1}}{\sqrt{R_{j}}}\right)\left(\frac{K}{\sqrt{R_{j}}} \cap \frac{R_{j+1}}{\sqrt{R_{j}}} D\right)^{\circ}\right) \\
& \leq N\left(\frac{K}{\sqrt{R_{j}}} \cap \frac{R_{j+1}}{\sqrt{R_{j}}} D, D\right)^{2} \\
& =N\left(K \cap R_{j+1} D, \sqrt{R_{j}} D\right)^{2},
\end{aligned}
$$

where for the inequality we used (6) of Corollary 6.
For the proof of the other side of the inequality in the main theorem we have a different condition on the sequence to make this type of argument work. Again, let $R_{0}^{\prime}$ be a big constant to be specified later. Define $R_{j+1}^{\prime}$ by

$$
\psi\left(\frac{R_{j+1}^{\prime}}{R_{j}^{\prime}}\right)=\frac{\sqrt{R_{j}^{\prime}}}{2}
$$

which can be rewritten as $R_{j+1}^{\prime}=R_{j}^{\prime} \exp \left(\left(\left(\sqrt{R_{j}^{\prime}}-4-4 C_{2}\right) / 4 C_{2} C_{0}\right)^{1 / 3}\right)$. Again, it is clear that this sequence is increasing to $\infty$.

Corollary 9. With the above choice of a sequence $R_{j}^{\prime}$, for every convex symmetric body $K$,

$$
\begin{equation*}
N\left(K, R_{0}^{\prime} D\right) \leq N\left(K, R_{s}^{\prime} D\right) \prod_{j=0}^{s-1} N\left(D, \sqrt{R_{j}^{\prime}}\left(K \cap \frac{R_{j+1}^{\prime}}{2} D\right)^{\circ}\right)^{3} \tag{11}
\end{equation*}
$$

Proof. Again, we will use Lemma 7 together with Corollary 6. Here we should explain the inequality

$$
N\left(2 K \cap R_{j+1}^{\prime} D, R_{j}^{\prime} D\right) \leq N\left(D, \sqrt{R_{j}^{\prime}}\left(K \cap \frac{R_{j+1}^{\prime}}{2} D\right)^{\circ}\right)^{3}
$$

This is even simpler since

$$
\begin{aligned}
N\left(2 K \cap R_{j+1}^{\prime} D, R_{j}^{\prime} D\right) & =N\left(\frac{2}{R_{j}^{\prime}} K \cap \frac{R_{j+1}^{\prime}}{R_{j}^{\prime}} D, D\right) \\
& \leq N\left(D, \frac{R_{j}^{\prime}}{2 \psi\left(\frac{R_{j+1}^{\prime}}{R_{j}^{\prime}}\right)}\left(K \cap \frac{R_{j+1}^{\prime}}{2} D\right)^{\circ}\right)^{3} \\
& =N\left(D, \sqrt{R_{j}^{\prime}}\left(K \cap \frac{R_{j+1}^{\prime}}{2} D\right)^{\circ}\right)^{3},
\end{aligned}
$$

where for the inequality we used (7) of Corollary 6.

## 4. Telescoping the long product

In this last step we collapse the long products of covering numbers appearing in (10) and (11) to products consisting of just two terms. The largest $R_{s}$ (respectively $R_{s}^{\prime}$ ) will be chosen to exceed the diameter of the set, and so the terms $N\left(K, R_{s}^{\prime} D\right)$ and $N\left(D, R_{s} K^{\circ}\right)$ will both equal 1 . We need the following two super-multiplicativity inequalities for covering numbers which are valid for any symmetric convex body $K$.

Lemma 10. Let $A>a>3 B>3 b$. Then

$$
\begin{align*}
N(K \cap A D, a D) N(K \cap B D, b D) & \leq N\left(K \cap A D, \frac{b}{4} D\right)  \tag{12}\\
N\left(D, a(K \cap A D)^{\circ}\right) N\left(D, b(K \cap B D)^{\circ}\right) & \leq N\left(D, \frac{b}{4}(K \cap A D)^{\circ}\right) . \tag{13}
\end{align*}
$$

Proof. Since $K$ enters the inequlities only via its intersections with balls of radii $\leq A$, we may as well assume that $K=K \cap A D$ to begin with. For the first inequality, denote $N_{1}=N(K, a D)$ and $N_{2}=N(K \cap B D, b D)$. Pick an $a$-separated set $x_{1}, \ldots x_{N_{1}}$ in $K$ and a $b$-separated set $y_{1}, \ldots y_{N_{2}}$ in $K \cap B D$ (both separations with respect to the euclidean norm). Define a new set by $z_{i, j}=x_{i} / 2+y_{j} / 2$. All these points are in $K$, and there are $N_{1} N_{2}$ of them. We shall show that, in addition, the $z_{i, j}$ 's are ( $b / 2$ )-separated; this will imply $N\left(K, \frac{b}{4} D\right) \geq N_{1} N_{2}$, as required. To show the asserted separation, we consider two cases. First, if we look at $\left|z_{i, j}-z_{i, k}\right|$, this is simply $\left|y_{j}-y_{k}\right| / 2$ and it exceeds $b / 2$. On the other hand, if $k \neq i$, then $\left|z_{i, j}-z_{k, l}\right| \geq\left|x_{i}-x_{k}\right| / 2-\left|y_{j}-y_{l}\right| / 2$, and using the fact that the $y_{i}$ 's are in $B D$ we see that these quantities are greater than $a / 2-B$, which in turn exceeds $\frac{b}{2}$. This completes the proof of inequality (12).

For the second inequality in Lemma 10 , denote $N_{1}=N\left(D, a K^{\circ}\right)$ and $N_{2}=N\left(D, b(K \cap B D)^{\circ}\right)$. Pick sets $\left\{x_{1}, \ldots, x_{N_{1}}\right\}$ and $\left\{y_{1}, \ldots y_{N_{2}}\right\}$ in $D$ which are respectively $a K^{\circ}$-separated and $b\left(\alpha K^{\circ}+\frac{1-\alpha}{B} D\right)$-separated, where $\alpha=$ $\frac{a}{2 a-b} \in(0,1)$ (note that $\left.\alpha K^{\circ}+\frac{1-\alpha}{B} D \subset \operatorname{conv}\left(K^{\circ} \cup \frac{1}{B} D\right)=(K \cap B D)^{\circ}\right)$. Define $z_{i, j}=\frac{b}{2 a} x_{i}+\left(1-\frac{b}{2 a}\right) y_{j}$. All these points are in $D$, and there are $N_{1} N_{2}$ of them. As above, it will be enough to show that the $z_{i, j}$ 's are $\frac{b}{2} K^{\circ}$-separated, i.e., whenever $(i, j) \neq(k, l)$, then

$$
z_{k, l} \notin z_{i, j}+\frac{b}{2} K^{\circ} .
$$

When $j=l$, this is the same as asking that $\frac{b}{2 a} x_{k} \notin \frac{b}{2 a} x_{i}+\frac{b}{2} K^{\circ}$, which follows from the separation of $x_{i}$ and $x_{k}$. When $j \neq l$ and $x_{i}, x_{k} \in D$, we see that it suffices to show that

$$
\left(1-\frac{b}{2 a}\right) y_{j} \notin\left(1-\frac{b}{2 a}\right) y_{l}+2 \frac{b}{2 a} D+\frac{b}{2} K^{\circ} .
$$

Under our hypotheses, the above follows from the separation of $y_{l}$ and $y_{j}$. Indeed, $\frac{1}{2}\left(1-\frac{b}{2 a}\right)^{-1}=\alpha$ just by the definition of $\alpha$. On the other hand, it is readily verified that the assumption $a>3 B>2 B+b$ implies $\frac{1}{a}\left(1-\frac{b}{2 a}\right)^{-1}<$ $\frac{1-\alpha}{B}$. The proof is thus complete.

Remark 11. (i) With more careful argument, any factor less than $1 / 2$ instead of $1 / 4$ can be obtained in the lemma (with then stronger conditions on $a, B)$. Moreover, if we work with separated sets instead of covering numbers, then we may arrive at any factor less than 1 : for a factor $1-\varepsilon$ (which corresponds to $\frac{1}{2}-\frac{\varepsilon}{2}$ for covering numbers), we need the condition $a>3\left(\frac{1-\varepsilon}{\varepsilon}\right) B$. This may be used to improve slightly the constants in our main theorem.
(ii) Notice that $D$ plays no special role in Lemma 10; the same inequalities hold for two general symmetric convex bodies $K$ and $T$ (i.e., with $D$ replaced by an arbitrary $T$ ).

Proof of the Main Theorem. We will successively apply Lemma 10 to the long products in (10) and (11). However, an additional trick is required since for two neighboring factors in the products the condition of Lemma 10 does not hold, and so they cannot be "collapsed." For example, for two such factors in (10) one has $a=\sqrt{R_{j}}$ and $B=R_{j}$, and so one cannot hope for $a>3 B$. The trick is to split the product into two parts, by grouping separately the factors corresponding to the odd and to the even $j$ 's. The growth of $R_{j}$ is fast enough so that the conditions of Lemma 10 are satisfied for each two consecutive odd factors, and for each two consecutive even factors. We provide details for the product from (10); the analysis of (11) is fully analogous.

First choose $s$ to be the smallest even number so that $R_{s}>\operatorname{diam}(K)$. Then the product in (10) which bounds $N\left(D, R_{0} K^{\circ}\right)$ can be written as (we
omit the power 2 for the moment)

$$
\prod_{j=1}^{s / 2} N\left(K \cap R_{2 j} D, \sqrt{R_{2 j-1}} D\right) \prod_{j=1}^{s / 2} N\left(K \cap R_{2 j-1} D, \sqrt{R_{2 j-2}} D\right)
$$

For the first collapsing step in each of the two sub-products we need to check that $\sqrt{R_{s-1}}>3 R_{s-2}$, and that $\sqrt{R_{s-2}}>3 R_{s-3}$. When

$$
R_{j+1}=\sqrt{R_{j}} \exp \left(\left(\left(\sqrt{R_{j}}-4-4 C_{2}\right) / 4 C_{2} C_{0}\right)^{1 / 3}\right)
$$

these conditions clearly hold as long as $R_{s-3}$ is larger than some numerical constant $C$. Since $R_{j}>R_{0}$ for $j>0$, it is enough to start with $R_{0}$ which is big enough. (To be able to later compare the obtained expressions with $N(K, D)$, we also insist that $R_{0} \geq 16$.) After this first step, by Lemma 10, the product becomes (bounded by)

$$
\begin{aligned}
& N\left(K \cap R_{s} D, \frac{\sqrt{R_{s-3}}}{4} D\right) \prod_{j=1}^{s / 2-2} N\left(K \cap R_{2 j} D, \sqrt{R_{2 j-1}} D\right), \\
& N\left(K \cap R_{s-1} D, \frac{\sqrt{R_{s-4}}}{4} D\right) \prod_{j=1}^{s / 2-2} N\left(K \cap R_{2 j-1} D, \sqrt{R_{2 j-2}} D\right) .
\end{aligned}
$$

From here onward all the steps are the same; we just need to make sure at each stage $j$ that

$$
\begin{equation*}
\left(\sqrt{R_{j}} / 4\right) /\left(R_{j-1} / 2\right) \geq 3 \tag{14}
\end{equation*}
$$

As before, this is indeed satisfied if $R_{j}>C$, which is assured since we insist that $R_{0}>C$. We point out that the factors $1 / 4$ in $b / 4$ do not accumulate, but enter into the quantity $a$ of the next step. Continuing this way with all the factors of these products, we arrive at

$$
N\left(D, R_{0} K^{\circ}\right) \leq N\left(K \cap R_{s} D, \frac{\sqrt{R_{0}}}{4} D\right)^{2} N\left(K \cap R_{s-1} D, \frac{\sqrt{R_{1}}}{4} D\right)^{2}
$$

(we have inserted back the power 2 in (10)) which, because $R_{0} \geq 16$, implies

$$
N\left(D, R_{0} K^{\circ}\right) \leq N(K, D)^{4}
$$

Similarly, in the other direction we use Corollary 9 and inequality (13) to obtain

$$
N\left(K, R_{0} D\right) \leq N\left(D, K^{\circ}\right)^{6},
$$

and the proof of the main theorem is complete.
As mentioned earlier, a large part of this proof carries over to the case of two general convex bodies. We summarize this in the following conditional proposition. (Our decision to include this statement in the form below was influenced by discussions with Nicole Tomczak-Jaegermann.)

Proposition 12. Let $T$ be a convex symmetric body in a euclidean space such that, for some constants $c, C>0$, the following holds: if $K$ is a convex symmetric body with $K \subset 4 T$, then

$$
N(K, T) \leq N\left(T^{\circ}, c K^{\circ}\right)^{C}
$$

Then, for some other constants $c^{\prime}, C^{\prime}>0$ (depending only on $c, C$ ) and any convex symmetric body $K$

$$
N(K, T) \leq N\left(T^{\circ}, c^{\prime} K^{\circ}\right)^{C^{\prime}} .
$$

Dually, if $K$ is fixed and the hypothesis holds for all $T$ 's verifying $K \subset 4 T$, then the assertion holds for any $T$.

Proof. The argument consists of two parts. The first part is essentially a copy of the proof of Lemma 7 for the choice $R_{j}=2^{j}$. The only difference is that an extra factor 2 appears in the analogue of (9) since at each step

$$
\begin{aligned}
N\left(K, 2^{j} T\right) & \leq N\left(K, 2^{j+2} T \cap 2 K\right) N\left(2^{j+2} T \cap 2 K, 2^{j} T\right) \\
& \leq N\left(K, 2^{j+1} T\right) N\left(2^{j+2} T \cap 2 K, 2^{j} T\right)
\end{aligned}
$$

as we can no longer assume that the centers of the covering are inside $K$. In this way we show the inequality (similar to (9))

$$
N(K, T) \leq N\left(K, 2^{s} T\right) \prod_{j=0}^{s-1} N\left(2^{1-j} K \cap 4 T, T\right)
$$

and, dually, another inequality similar to (8),

$$
N(K, T) \leq N\left(K, 2^{s} T\right) \prod_{j=0}^{s-1} N\left(K, \operatorname{conv}\left(2^{j-1} T \cup \frac{1}{4} K\right)\right)
$$

For each factor in these products the body that is being covered is included in four times the covering body, and so we may use the assumption (as before, we take $s$ to be the smallest integer such that $N\left(K, 2^{s} T\right)=1$ ) to pass to a product of dual covering numbers. Thus for example we get that

$$
N(K, T) \leq \prod_{j=0}^{s-1} N\left(T^{\circ}, c 2^{j-1}\left(K \cap 2^{j+1} T\right)^{\circ}\right)^{C}
$$

(and a similar estimate if we use the second inequality instead). We then collapse the remaining product in the same way as in the euclidean case, using Remark 11(ii). Note that we may now have to split the product into more than 2 , say $l$, subproducts to make sure that all neighboring factors in each subproduct satisfy the condition of Lemma 10. However, the resulting $l$ depends only on $c$. We thus arrive (in both cases) at

$$
N(K, T) \leq N\left(T^{\circ}, \frac{c}{8} K^{\circ}\right)^{C \log _{2}(48 / c)}
$$

## 5. Improving the constant in the exponent

In this section we explain how to improve the constant $\beta=6$ in (1) obtained in Sections $2-4$ to a constant $\beta=2+\varepsilon$. The proof presented above is somewhat nonsymmetric. As described, in one of the inequalities we get $\beta=6$, and in the other $\beta=4$. This $\beta=4$ can be improved to $2+\varepsilon$ if we continue working with a general $\varepsilon$ in Lemma 3 and do not specify (as we did only to lighten the notation) $\varepsilon=1$. However, as stated above, we cannot in a straightforward way obtain $\beta=2+\varepsilon$ in the other inequality. Below we explain how to arrive at $\beta=2+\varepsilon$ there as well. We take this opportunity to elaborate upon the conjecture called "the Geometric Lemma," mentioned in passing in Section 2.

Conjecture 13 (Geometric Lemma). There exists an absolute constant $C_{0}$ such that for every dimension $n$ and for every set $S=\left\{x_{i}\right\}_{i=1}^{2^{k}} \subset \mathbb{R}^{n}$ verifying $N(K, D) \leq 2^{k}$, where $K=\operatorname{conv}(S)$,

$$
M^{*}(K \cap D) \leq C_{0} \sqrt{\frac{k}{n}}
$$

Notice that this is precisely a version of Proposition 5 with no dependence on the radius of the set. We believe that its importance may transcend its relevance to entropy numbers.

Considering now the dual situation, we can formulate a dual version of the Geometric Lemma, substituting the condition $N(K, D) \leq 2^{k}$ by the condition $N\left(D, K^{\circ}\right) \leq 2^{k}$. However, having proved the duality of entropy numbers, we see easily that the Geometric Lemma and its dual version are formally equivalent. Moreover, every estimate such as Proposition 5 can be applied now to the dual situation. For example the main theorem together with Proposition 5 gives the following:

Proposition 14 (A dual $O\left((\log R)^{3}\right)$ estimate for $M^{*}(K \cap D)$ ). There exists a universal constant $C_{0}$ such that if a set $S \subset R D \subset \mathbb{R}^{n}$ consists of $2^{k}$ points, and if $N\left(D, K^{\circ}\right) \leq 2^{k}$ for $K=\operatorname{conv} S$, then

$$
M^{*}(K \cap D) \leq C_{0}(\log R)^{3} \sqrt{\frac{k}{n}}
$$

We can thus define a new parameter, $\gamma^{\prime}(K)$, to be

$$
\gamma^{\prime}(K):=\max \left\{1, M^{*}(K \cap D) \sqrt{\frac{n}{\log N\left(D, K^{\circ}\right)}}\right\}
$$

and repeating the argument of Lemma 3 we obtain the following:

Lemma 15 (Dual first step). For every $\varepsilon>0$ there is a constant $C_{2}^{\prime}=$ $C_{2}^{\prime}(\varepsilon)$ such that for any dimension $n$ and for any symmetric convex body $K \subset$ $\mathbb{R}^{n}$, with $\gamma^{\prime}=\gamma^{\prime}(K)$,

$$
\begin{equation*}
N\left(K, C_{2}^{\prime} \gamma^{\prime} D\right) \leq N\left(D, K^{\circ}\right)^{1+\varepsilon} \tag{15}
\end{equation*}
$$

Employing the same line of argument as earlier, but using Proposition 14 as an estimate on $\gamma^{\prime}$, and inequality (15) at every step, we are now able to obtain $\beta=2+\varepsilon$, instead of $\beta=6$, also in the other inequality involved in the duality of metric entropy.

To end this section, and the paper, we present another proposition which is an application of both our results and our methods, and gives an interesting link between Geometric-Lemma-type results and the behavior of covering numbers under projections. Its proof follows the same lines as those of Lemma 3, and other variants involving additional parameters are possible. Below we use the standard jargon of the asymptotic theory of normed spaces, saying that a property is satisfied for a "random" projection of given rank $k$ if it holds for a set of (orthogonal) rank $k$ projections whose measure tends to 1 as the relevant parameters ( $k, n$ below) tend to infinity (where "measure" = "the normalized Haar measure on the corresponding Grassmann manifold").

Proposition 16. There exist universal constants $c_{1}, C_{1}$, and for every $\lambda$ there exists a constant $C_{2}=C_{2}(\lambda)$ depending only on $\lambda$ such that, for any $K \subset \mathbb{R}^{n}$ with $N(K, D)=2^{k}$ and any integer $t_{0}$ with $k \leq t_{0} \leq n$,
(i) If $M^{*}(K \cap D) \leq \sqrt{\frac{t_{0}}{n}}$, then for every integer $t$ with $t_{0} \leq t \leq n$, the random rank $t$ projection $P_{t}$ satisfies

$$
N\left(P_{t} K, C_{1} \sqrt{\frac{t}{n}} D\right) \leq 2^{k} \text { and } N\left(P_{t} K, c_{1} \sqrt{\frac{t}{n}} D\right) \geq 2^{k}
$$

(ii) In the other direction, if the random rank $t_{0}$ projection $P_{t_{0}}$ verifies

$$
N\left(P_{t_{0}} K, \lambda \sqrt{\frac{t_{0}}{n}} D\right) \leq 2^{k}
$$

then necessarily $M^{*}(K \cap D) \leq C_{2} \sqrt{\frac{t_{0}}{n}}$ and, for any integer $t$ with $t_{0} \leq$ $t \leq n$, the random rank $t$ projection $P_{t}$ satisfies

$$
N\left(P_{t} K, C_{2} \sqrt{\frac{t}{n}} D\right) \leq 2^{k} \text { and } N\left(P_{t} K, c_{1} \sqrt{\frac{t}{n}} D\right) \geq 2^{k}
$$

Thus we observe - as is typical in the asymptotic geometric analysis a unified form of behavior for all dimensions and all convex bodies.

We note that our Proposition 5 implies, in the case when $K$ is a convex hull of $2^{k}$ points, that the critical $t_{0}$ in the above proposition is bounded from above by $C_{0} k(\log k)^{6}$; for details see [MS1] (to pass from estimates on the diameter to estimates on $\log N(K, D)$ ). Notice that the validity of Conjecture 13 would imply that for this class of bodies in fact $t_{0} \leq C_{0} k$ for a universal $C_{0}$. Also, our main theorem implies that Proposition 16 remains true if we replace the condition on $N(K, D)$ with a similar one on $N\left(D, K^{\circ}\right)$ (with additional universal constants). Similarly, we may replace the estimates on the behavior of covering numbers under projections with their dual analogues, describing the behavior of covering numbers under intersections with random subspaces.

Added in proof. Recently, further progress on the problem of the duality of entropy was achieved in [AMST], where a new notion of "convexified packing" was introduced.

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