

# On the zeros of cosine polynomials: solution to a problem of Littlewood

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## Abstract

Littlewood in his 1968 monograph “Some Problems in Real and Complex Analysis” [12, Problem 22] poses the following research problem, which appears to be still open:

**PROBLEM.** “If the  $n_j$  are integral and all different, what is the lower bound on the number of real zeros of  $\sum_{j=1}^N \cos(n_j\theta)$ ? Possibly  $N - 1$ , or not much less.”

No progress seems to have been made on this in the last half century. We show that this is false.

**THEOREM.** *There exists a cosine polynomial  $\sum_{j=1}^N \cos(n_j\theta)$  with the  $n_j$  integral and all different so that the number of its real zeros in the period  $[-\pi, \pi)$  is  $O(N^{5/6} \log N)$ .*

## 1. Littlewood’s 22nd problem

**PROBLEM.** “If the  $n_j$  are integral and all different, what is the lower bound on the number of real zeros of  $\sum_{j=1}^N \cos(n_j\theta)$ ? Possibly  $N - 1$ , or not much less.”

Here “real zeros” means “zeros in  $[-\pi, \pi)$ ”. Note that if  $T$  is a real trigonometric cosine polynomial of degree  $n$ , then it is of the form  $T(t) = \exp(-int)P(\exp(it))$ ,  $t \in \mathbb{R}$ , where  $P$  is a reciprocal algebraic polynomial of degree  $2n$ , and if  $T$  has only real zeros, then  $P$  has all its zeros on the unit circle. So in terms of reciprocal algebraic polynomials one is looking for a reciprocal algebraic polynomial with coefficients in  $\{0, 1\}$ , with  $2N$  terms, and with  $N - 1$  or fewer zeros on the unit circle. Even achieving  $N - 1$  is fairly hard. An exhaustive search up to degree  $2n_N \leq 32$  yields only 10 examples achieving  $N - 1$  and only one example with fewer. This first example disproving the

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“possibly  $N - 1$ ” part of the conjecture is

$$\sum_{j=0, j \notin \{9, 10, 11, 14\}}^{14} (z^j + z^{28-j})$$

which has 8 roots of modulus 1 and corresponds to a cosine sum of 11 terms with 8 roots in  $[-\pi, \pi)$ . It is hard to see how one might generate infinitely many such examples or indeed why Littlewood made his conjecture. The following is a reciprocal polynomial with 32 terms and exactly 14 zeros of modulus 1:

$$\sum_{j=0, j \notin \{10, 11, 17, 19\}}^{19} (z^j + z^{38-j}).$$

So it corresponds to a cosine sum of 16 terms with 14 zeros in  $[-\pi, \pi)$ . In other words the sharp version of Littlewood’s conjecture is false again, though barely. The following is a reciprocal polynomial with 280 terms and 52 zeros of modulus 1:

$$\sum_{j=0, j \notin \{124, 125, 126, 127, 128, 134, 141, 143, 145, 147, 148, 151, 152\}}^{152} (z^j + z^{304-j}).$$

So it corresponds to a cosine sum of 140 terms with 52 zeros in  $[-\pi, \pi)$ . Once again the sharp version of Littlewood’s conjecture is false, though this time by a margin. It was found by a version of the greedy algorithm (and some guessing). There is no reason to believe it is a minimal example.

The interesting feature of this example is how close it is to the Dirichlet kernel  $(1 + z + z^2 + \cdots + z^{304})$ . This is not accidental and suggests the approach that leads to our main result.

Littlewood explored many problems concerning polynomials with various restrictions on the coefficients. See [9], [10], and [11], and in particular Littlewood’s delightful monograph [12]. Related problems and results may be found in [2] and [4], for example. One of these is Littlewood’s well-known conjecture of around 1948 asking for the minimum  $L_1$  norm of polynomials of the form

$$p(z) := \sum_{j=0}^n a_j z^{k_j},$$

where the coefficients  $a_j$  are complex numbers of modulus at least 1 and the exponents  $k_j$  are distinct nonnegative integers. It states that such polynomials have  $L_1$  norms on the unit circle that grow at least like  $c \log n$ . This was proved by S. Konyagin [7] and independently by McGehee, Pigno, and Smith [13] in 1981. A short proof is available in [5]. It is believed that the minimum, for polynomials of degree  $n$  with complex coefficients of modulus at least 1, is attained by  $1 + z + z^2 + \cdots + z^n$ , but this is open.

### 2. Auxiliary functions

The key is to construct  $n$  term cosine sums that are large most of the time. This is the content of this section.

LEMMA 1. *There is an absolute constant  $c_1$  such that for all  $n$  and non-negative Lebesgue measurable functions  $\alpha$  on  $[-\pi, \pi)$  there are coefficients  $a_0, a_1, \dots, a_n$  with each  $a_j \in \{0, 1\}$  such that*

$$\text{meas}\{t \in [-\pi, \pi) : |P_n(t)| \leq \alpha(t)\} \leq c_1 n^{-1/2} \int_{-\pi}^{\pi} \alpha(u) du,$$

where

$$P_n(t) = \sum_{j=0}^n a_j \cos(jt).$$

*Proof.* We will prove the stronger result that there is an absolute constant  $c_1$  such that for all non-negative Lebesgue measurable  $\alpha$  and all  $n$

$$\begin{aligned} \lambda(\alpha) &:= 2^{-(n+1)} \sum_{a_0, a_1, \dots, a_n \in \{0, 1\}} \text{meas}\{t \in [-\pi, \pi) : |P_n(t)| \leq \alpha(t)\} \\ &\leq c_1 n^{-1/2} \int_{-\pi}^{\pi} \alpha(u) du. \end{aligned}$$

If  $X_0, X_1, \dots, X_n$  are independent Bernoulli random variables with

$$P(X_j = 0) = P(X_j = 1) = \frac{1}{2}, \quad j = 0, 1, \dots, n,$$

then the indicated average is an expected value. Let

$$R_n(t) = \sum_{j=0}^n X_j \cos(jt)$$

and note that

$$\lambda(\alpha) = \int_{-\pi}^{\pi} P(|R_n(t)| \leq \alpha(t)) dt.$$

Define

$$D_n(t) := \sum_{j=0}^n \cos(jt) = \frac{1}{2} + \frac{\sin((n + \frac{1}{2})t)}{2 \sin(t/2)}.$$

Note that for  $0 < |t| < \pi$ , we have

$$|D_n(t)| \leq \pi/|t|.$$

The expected value of  $R_n(t)$  is  $\mu_n(t) := D_n(t)/2$ ; its variance is

$$\sigma_n^2(t) := \frac{1}{4} \sum_{j=0}^n \cos^2(jt) = \frac{1}{8}(n + 1 + D_n(2t)).$$

We now apply a uniform normal approximation to get the desired result. Define the cumulative normal distribution function by

$$\Phi(x) := \int_{-\infty}^x \frac{e^{-u^2/2}}{\sqrt{2\pi}} du.$$

Define

$$\begin{aligned} \varrho_2 &:= \frac{1}{n+1} \sum_{j=0}^n \text{Var}(X_j \cos(jt)) \\ &= \frac{1}{4(n+1)} \sum_{j=0}^n \cos^2(jt) = \frac{1}{8} \left( 1 + \frac{D_n(2t)}{n+1} \right), \\ \varrho_3 &:= \frac{1}{n+1} \sum_{j=0}^n \mathbb{E} \left( \left| \left( X_j - \frac{1}{2} \right) \cos(jt) \right|^3 \right). \end{aligned}$$

We suppress the dependence of each of these on  $n$  and  $t$ . The Berry-Esseen bound in Bhattacharya and Ranga Rao [1, Theorem 12.4, page 104] is that

$$\left| P(R_n(t) \leq c) - \Phi \left( \frac{c - \mu_n(t)}{\sigma_n(t)} \right) \right| \leq \frac{11\varrho_3}{4\sqrt{n}\varrho_2^{3/2}}.$$

It is elementary that  $\varrho_3 \leq 1/8$ . Moreover there is an absolute constant  $c_2 > 0$  such that  $\varrho_2 > c_2$  for all  $t \in \mathbb{R}$  and all  $n = 1, 2, \dots$ . Finally the function  $\Phi$  has derivative bounded by  $(2\pi)^{-1/2}$  so that

$$|\Phi(x) - \Phi(y)| \leq (2\pi)^{-1/2} |x - y|, \quad x, y \in \mathbb{R}.$$

It follows that there is an absolute constant  $c_1$  such that

$$P(-\alpha(u) \leq R_n(u) \leq \alpha(u)) \leq c_1 n^{-1/2} \alpha(u). \quad \square$$

### 3. The main theorem

**THEOREM 1.** *There exist a sequence of integers  $N_m, m = 1, 2, \dots$  with  $N_m/m$  converging to 1 and cosine polynomials  $\sum_{j=1}^{N_m} \cos(n_j \theta)$  with the  $n_j$  integral and all different so that the number of its real zeros in  $[-\pi, \pi)$  is*

$$O \left( N_m^{5/6} \log N_m \right) = O \left( m^{5/6} \log m \right).$$

To prove the theorem we need the following consequence of the Erdős-Turán Theorem [15, p. 278]; see also [6].

**LEMMA 2.** *Let*

$$S_m(t) = \sum_{j=0}^m a_j \cos(jt), \quad a_j \in \{0, 1\},$$

be not identically zero. Denote the number of zeros of  $S_m$  in an interval  $I \subset [-\pi, \pi)$  by  $\mathcal{N}(I)$ . Then

$$\mathcal{N}(I) \leq c_3 m |I| + c_3 \sqrt{m} \log m,$$

where  $c_3$  is an absolute constant and  $|I|$  denotes the length of  $I$ .

We now prove the theorem.

*Proof.* Fix any positive integers  $n$  and  $\kappa$ . Let  $\chi_\nu$  denote the characteristic function of the interval  $J_\nu = [\pi 2^{-\nu}, 2\pi 2^{-\nu})$ . Define the function  $\alpha_\kappa$  on  $[-\pi, \pi)$  by

$$\alpha_\kappa(t) = \pi \sum_{\nu=1}^{\kappa} 2^\nu \chi_\nu(t).$$

By Lemma 1 there is a trigonometric polynomial  $P_{n,\kappa}$  of the form

$$P_{n,\kappa}(t) = \sum_{j=0}^n a_j \cos(jt), \quad a_j \in \{0, 1\},$$

with

$$\begin{aligned} \text{meas}\{t \in [-\pi, \pi) : |P_{n,\kappa}(t)| \leq \alpha_\kappa(t)\} &\leq c_1 n^{-1/2} \int_{-\pi}^{\pi} \alpha_\kappa(u) du \\ &= c_1 \pi \kappa n^{-1/2}. \end{aligned}$$

We construct our desired cosine polynomials in the form

$$S_m(t) := D_m(t) - P_{n,\kappa}(t),$$

where

$$D_m(t) := \sum_{j=0}^m \cos(jt) = \frac{1}{2} + \frac{\sin((m + \frac{1}{2})t)}{2 \sin(t/2)},$$

and  $n$  and  $\kappa$  are chosen depending on  $m$  by taking  $n$  to be the integer part of  $m^{1/3}$  and  $2^{\kappa-1} \leq m^{1/6} < 2^\kappa$ . The resulting polynomial  $S_m$  has  $N_m$  non-zero coefficients, where

$$m - n \leq N_m \leq m + 1.$$

The number of zeros of  $S_m$  in  $(-\pi, \pi)$  is twice the number in  $(0, \pi)$ . Write

$$\{t \in (0, \pi) : |P_{n,\kappa}(t)| \leq \alpha_\kappa(t), 2^\kappa t \geq \pi\} = \bigcup_{\nu=1}^{\kappa} \bigcup_{j=1}^{k_\nu} I_{j,\nu},$$

where the intervals  $I_{j,\nu}$  are disjoint and  $I_{j,\nu} \subset J_\nu$ . The number  $k_\nu$  is at most 1 plus the number of zeros in  $J_\nu$  of the trigonometric polynomial  $P'_{n,\kappa}$ . This polynomial has degree no more than  $n$  so that  $\sum_{\nu=1}^{\kappa} k_\nu \leq 2n + \kappa$ . Let

$$I_0 := \{t \in (0, \pi) : |D_m(t)| \geq \pi 2^\kappa\}.$$

Note that  $I_0 \subset (0, 2^{-\kappa}\pi]$ . Since  $|D_m(t)| \leq \pi/|t|$  for  $0 < t < \pi$ , Lemma 1 implies that all zeros of  $S_m$  in the interval  $(0, \pi)$  actually lie in

$$I_0 \cup \left\{ \bigcup_{\nu=1}^{\kappa} \bigcup_{j=1}^{k_\nu} I_{j,\nu} \right\}.$$

By Lemma 2 we have

$$\mathcal{N}(I_{j,\nu}) \leq c_3 m |I_{j,\nu}| + c_3 \sqrt{m} \log m, \quad j = 1, 2, \dots, k_\nu, \nu = 0, 1, \dots, \kappa,$$

and

$$\mathcal{N}(I_0) \leq c_3 m |I_0| + c_3 \sqrt{m} \log m \leq c_4 m 2^{-\kappa} + c_4 \sqrt{m} \log m$$

with an absolute constant  $c_4$ . So

$$\begin{aligned} \mathcal{N}([-\pi, \pi]) &\leq 1 + 2\mathcal{N}(I_0) + 2 \sum_{\nu=1}^{\kappa} \sum_{j=0}^{k_\nu} \mathcal{N}(I_{j,\nu}) \\ &\leq c_5 \left( m \kappa n^{-1/2} + \sqrt{m} \log m (n + \kappa) + m 2^{-\kappa} \right). \end{aligned}$$

The choices of  $n$  and  $\kappa$  given above complete the proof. □

#### 4. Average number of real zeros

Why did Littlewood make this conjecture? He might have observed that the average number of zeros a trigonometric polynomial of the form

$$0 \neq T(t) = \sum_{j=1}^n a_j \cos(jt), \quad a_j \in \{0, 1\},$$

has in  $[-\pi, \pi)$  is at least  $cn$ . This is what we elaborate in this section. Associated with a polynomial  $P$  of degree exactly  $n$  with real coefficients we introduce  $P^*(z) := z^n P(1/z)$ .

**THEOREM 2.** *Let*

$$S(t) := \sum_{j=1}^n a_j \cos(jt) \quad \text{and} \quad \tilde{S}(t) := \sum_{j=1}^n a_{n+1-j} \cos(jt),$$

where each of the coefficients  $a_j$  is real and  $a_1 a_n \neq 0$ . Let  $w_1$  be the number of zeros of  $S$  in  $[-\pi, \pi)$ , and let  $w_2$  be the number of zeros of  $\tilde{S}$  in  $[-\pi, \pi)$ . Then  $w_1 + w_2 \geq 2n$ .

*Proof.* Let  $P(z) = \sum_{j=1}^n a_j z^j$ . Without loss of generality we may assume that  $P$  does not have zeros on the unit circle; the general case follows by a simple limiting argument with the help of Rouché’s Theorem. Note that if  $P$

has exactly  $k$  zeros in the open unit disk then  $zP^*(z)$  has exactly  $n - k$  zeros in the open unit disk. Also,

$$2S(t) = \operatorname{Re}(P(e^{it})) \quad \text{and} \quad 2\tilde{S}(t) = \operatorname{Re}(e^{it}P^*(e^{it})).$$

Hence the theorem follows from the Argument Principle. Note that if a continuous curve goes around the origin  $k$  times then it crosses the imaginary axis at least  $2k$  times. □

Theorem 2 has some interesting consequences. As an example we can state and easily see the following.

**THEOREM 3.** *The average number of zeros of trigonometric polynomials in the class*

$$\left\{ \sum_{j=1}^n a_j \cos(jt), \quad a_j \in \{-1, 1\} \right\}$$

*in  $[-\pi, \pi)$  is at least  $n$ . The average number of zeros of trigonometric polynomials in the class*

$$\left\{ 0 \neq \sum_{j=1}^n a_j \cos(jt), \quad a_j \in \{0, 1\} \right\}$$

*in  $[-\pi, \pi)$  is at least  $n/4$ .*

*Proof.* Most of the cosine sums in both classes naturally break into pairs with a large combined total number of real zeros in  $[-\pi, \pi)$ . □

### 5. Conclusion

Let  $0 \leq n_1 < n_2 < \dots < n_N$  be integers. A cosine polynomial of the form  $T_N(\theta) = \sum_{j=1}^N \cos(n_j\theta)$  (other than  $T_N \equiv 1$ ) must have at least one real zero in  $[-\pi, \pi)$ . This is obvious if  $n_1 \neq 0$ , since then the integral of the sum on  $[-\pi, \pi)$  is 0. The above statement is less obvious if  $n_1 = 0$ , but for sufficiently large  $N$  it follows from Littlewood’s Conjecture simply. Here we mean the Littlewood’s Conjecture proved by S. Konyagin [7] and independently by McGehee, Pigno, and Smith [13] in 1981. See also [5] for a book proof. It is not difficult to prove the statement in general even in the case  $n_1 = 0$ . One way is to use the identity, valid if  $n_1 = 0$  and  $N > 1$ ,

$$\sum_{j=1}^{n_N} T_N((2j - 1)\pi/n_N) = 0.$$

See [8], for example. Another way is to use Theorem 2 of [14]. So there is certainly no shortage of possible approaches to prove the starting observation of our conclusion even in the case  $n_1 = 0$ . It seems likely that the number of

zeros of the above sums in  $[-\pi, \pi)$  must tend to infinity with  $N$ . This does not appear to be easy. The case when the sequence  $0 \leq n_1 < n_2 < \dots$  is fixed was handled in [3].

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